



## (2.2) Health & Safety Policy


Oxford JKS Korfball Club will implement the Health and Safety Policy, issue instructions and offer advice, as appropriate, to all those associated with Oxford JKS Korfball Club. Everyone has a health and safety responsibility and this shared responsibility reduces the burden upon any one person or organisation to an acceptable level.


The Health and Safety Policy will be reviewed at the end of the season and any changes considered to be necessary will be introduced before the commencement of the following season.

Adopted: 14<sup>th</sup> November 2016

Reviewed: 14<sup>th</sup> November 2016

Next review: 14<sup>th</sup> June 2017

Signed Committee Member :  Date 26/11/2016

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### **Glasses/Spectacles**

Players must ensure their glasses/spectacles are securely fitted during practice and matches.

### **Footwear**

Players, coaches and managers must ensure that a player's footwear is suitable for the playing surface and conditions, and fastened securely.

### **Chewing Gum and Eating Sweets**

A player must not have any items in his or her mouth. Anyone refusing to remove such items must not be allowed to take part in the activity until he or she does so.

### **Fingernails**

All fingernails must be kept short (ie not visible when looking at them from the palm-side of the hand) and players must not be allowed to play whilst wearing sculptured fingernails. Players not adhering to this instruction must not be allowed to take part in the activity.

### **Long Hair**

Long hair must be tied back in such a way as not to cause a risk of injury.

### **Medical Conditions**

A player must have, or the parent or carer must ensure that the player has, the appropriate medications to hand (eg inhalers for asthma sufferers).

### **Medical Attention**

Adequate first aid facilities must be to hand at all times during matches and practice. If an injury is anything other than superficial, the player should be taken to hospital, or an ambulance called for potentially more serious injuries. For the less serious injuries, the injured player should be removed from the pitch within two minutes, unless this could worsen the injury, and treatment should be administered off the pitch as to apply, for example, water or an ice-pack on the pitch could make the floor more slippery and risk further subsequent injuries.

Oxford Isis Korfball Club will have least one first-aider and each team will have its own first-aid kit. If blood is spilt onto a player's playing clothing, the item of clothing must be changed.

### **Players under the Influence of Alcohol, Illegal Drugs or other Banned Substances**

A player must not be allowed to take part in a training session or a match if he or she is considered to be under the influence of alcohol, illegal drugs or other banned substances.

### **Equipment**

Prior to a match or training session: